

Pre-advanced Tutorial Year Plan 2018/ 19

Week	Group activity (90 minute group session)	Mindfulness
1 Tue 11/09	<ul style="list-style-type: none"> • Ice breakers / college tour / Map activity • College Induction Video • College Day Times, periods, options, Timetable • What is 'Tutorial'? (ppt available) • Map activity (Finding Your Way Around – where in the college is? college tour) & Feedback • register phone / tablet with wifi (map activity) 	
2	<ul style="list-style-type: none"> • Using STS & how to monitor your progress • Writing letter congratulating on success at the end of this year's courses • Start small group IPRs 	
3	Library & Careers visits +IT help desk this week or next week Small group IPRs	
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5	Suggested activity: Staying Safe (online safety) Small group IPRs	
6	Preparation for IPRs next week (adding targets to STS) Video: How to bounce back (Action Jackson) & discussion + tasks from Sheila's book Theme: resilience) Start individual IPRs and continue on rolling programme each week	
22/10	HALF TERM	
7	Suggested activity: Bumps, hurdles & potholes (resilience) Individual IPRs	
8 5/11	SUBJECT PROGRESS REVIEWS	
9	Introduction to reflection Individual IPRs	
10	Suggested activity: What is Britishness? Video: https://www.youtube.com/watch?v=uU9J9xdEdZ4 Individual IPRs	
11	Suggested activity: What are British Values? Video: https://www.youtube.com/watch?v=tFRpyRxCoW8 Individual IPRs	
12	Sexual Health Sex and Consent ppt - P:\staff\Core Studies\2016-17 New Resources\Sexual Health HIV awareness - Terence Higgins Individual IPRs	
13	Alcohol and Drugs awareness Individual IPRs	

14	Suggested activity: British Values (tolerance) Individual IPRs	
Thu 20/12	XMAS	
15	Ask for student ideas on themes for future group activities Suggested activity: Health & Wellbeing (nutrition) Individual IPRs	
16	Suggested activity: Health & Wellbeing (sleep) Individual IPRs	
17	Interview techniques & tips Careers to come into core studies lessons to talk to students re choices for next year Individual IPRs	
18	Suggested activity: students to bring in news story to discuss Individual IPRs	
19	What's next focus on progression – students to visit careers library for talk about what happens next. Individual IPRs.	
20	Progression forms available – process to be explained Individual IPRs	
18/02	HALF TERM	
21	Tutors to check progression forms Individual IPRs	
22	Apprenticeship talks Also apprenticeship fair in Hall Individual IPRs	
23	CVs Individual IPRs	
24	Results or Excuses? Following returner interviews – reinforcing conditions for returning (e.g. attendance) Individual IPRs	
25	CV writing Individual IPRs	
26	Chlamydia screening. Careers to offer interviews again for anyone who does not have a progression route. Managing Stress (AS resource: self-assessment & planner; 3 minute breathing space)	
8/04	EASTER	