

Saturday Workshops

All workshops are held at Varndean College. Courses will run from 10am - 3pm and prices will include material costs (unless otherwise stated.) You will need to bring a packed lunch, cold drinks will be available

Portrait Drawing for Beginners - £52

X164 with Caroline Marsland - 17/11/2018

A step-by-step guide to help you gain a solid foundation of observational techniques and an understanding of the face.

Using charcoal, pastel or pencil, you will draw from photographic sources provided and focus on developing drawing skills, with composition, proportion, tonal values and methods of shading.

We will also be looking at and discussing the drawings of well-known portrait artists.



Impressionist Painting in Acrylic - £52

X169 with Caroline Marsland - 01/12/2018



An introduction into the techniques and painting styles of the Impressionist painters, such as Monet, Renoir, Pissarro and Mary Cassatt.

Topics covered on this day will be composition, brushwork, tonal value, expression and technical aspects of acrylic.

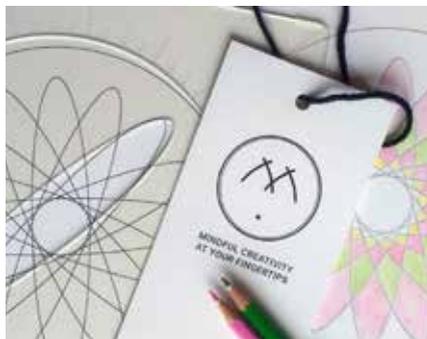
You will need acrylic paints, brushes, a surface to work on such as canvas, acrylic paper or canvas board.

Mandala Art Making - £30 10am - 1pm

X165 with Helen Golland - 17/11/2018

No good at drawing? Don't worry, this workshop will help you to tap into your creativity and create beautiful, contemporary mandalas unique to you by using our Mandala Art Maker drawing and colouring tool.

Frame your favourite mandala and take it home to hang on your wall.



Sketchbooks - £52

with Edyta Was
X166 - 17/11/2018
Z331 - 04/05/2019
Z333 - 15/06/2019

By using paints, pencils, ink, collage and text we will create a visual sketchbook. It's a fantastic way to start your creative journey!

Get inspired and record your progress. There are no two sketchbooks the same, so come along and enjoy making original artwork.



Rag Rug Creations - £48

with Debra Mallard
X170 - 01/12/2018
Y236 - 16/03/2019
Z334 - 11/05/2019

Revisit the old craft of Rag Rug making. You will learn two techniques that can be applied to a range of creations from rugs and wall-hangings to brooches and baubles.

On the pre-Christmas workshop we will look at utilising the craft for seasonal creations and will also cover Fabric Wreath making.



Festive Flower Arranging - £42

X168 with Nina Tucknott - 01/12/2018

Come along and make a Christmas table centre or mantel decoration, as well as a door wreath to get you in the festive mood.

Please allow up to £15 to cover the cost of flowers, foliage and sundries which will be provided by the tutor. Please bring scissors/secateurs and a notebook.



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Pen & Wash Landscapes - £48

Y232 with Caroline Marsland - 02/03/2019

Students will discover how to use artistic licence and expressive brushwork to create loose, impressionistic paintings. Learn how to work spontaneously, simplifying subject matter to capture the essence of the painting rather than great concern for details.

Still life set ups and photographic resources will be provided. Suitable for beginners to intermediate level.

Collage - £52

Y235 with Caroline Marsland - 16/03/2019

Create collage using natural objects, found objects and mixed media. Tips will be given on composition and colours. **You will need to bring glue, scissors and a card, board or canvas for your work.**

Still Life In Acrylic - £52

Z332 with Caroline Marsland - 04/05/2019

Step into the fascinating world of still life, using the colourful and versatile medium of acrylic. Learn about brush strokes, underpainting, layering, composition and colour mixing.

You will need acrylic paints and a canvas or acrylic paper to work on.



Art of the Everyday Object - £48

Y245 with Cath Stevens - 02/03/2019

See the beauty in everyday objects. Turn the ordinary into extraordinary! With our observational drawings of various objects, students will be encouraged to draw with precision and accuracy and then liven things up with bright colour using a selection of artists for inspiration. With a simple tracing technique overlapping and exaggerating shape, we will produce a lively and energetic painted composition.

Drawing in Motion - £48

Y246 with Cath Stevens - 16/03/2019

Add energy and vibrancy to figure drawing. We will begin with a series of short drawing experiments designed to help capture a sense of movement. We will draw inspiration from looking at the different ways artists depict movement in their work. Using various tracing and simple printing methods, water colour and dry drawing materials, we will compose a dynamic final image.

Expressive Drawing with Charcoal - £52

Z343 with Caroline Marsland - 11/05/2019

Use charcoal to draw and shade in a large, expressive way. You will learn mark making, erasing, tonal values and contrast as well as drawing skills.

Drawing for Beginners - £42

Z344 with Caroline Marsland - 15/06/2019

A relaxed, friendly workshop which will introduce you to the skills and techniques you need to create drawings with impact in your own style. You will learn about proportion, line measuring, tonal values and contrasts. **You will need a 4B, 5B or 6B pencil. Paper will be available to purchase from the tutor.**

Natural Ethical Bodycare with Leila Randall - £42

X175 Christmas luxury - 17/11/2018

Y244 Flower waters, herbal infusions & carrier oils - 16/03/2019

Z335 Body care, face & hand products - 11/05/2019

Z336 Bath, shower & hair care - 15/06/2019

You will create your own range of bodycare products using natural plant based ingredients. Fun and informative you will learn how to make a range of nourishing products tailored to your own individual requirements.

Tai Chi for Health - £30

10am - 1pm

with Matt Ward

X167 - 17/11/2018

Y206 - 16/03/2019

A step by step guide to the art of Tai Chi, a gentle low impact exercise which is suitable for all ages and abilities.

Release tension, boost energy and improve flexibility, coordination and balance, by learning energy exercises to warm up and to maximise the benefits of the Tai Chi workout.

Use WIX to Create a Website - £42

with Simon Waters

X171 - 01/12/2018

Y237 - 16/03/2019

This course uses the specific software package WIX and will introduce you to web page construction followed by incorporating your pages into a site.

Learn how to create links between pages, add images, animations and other interesting design features. You will also learn a variety of other techniques to simplify the design of your site. No prior knowledge of web design is required, but you should be familiar with using word processing software and file management.

Embracing the Shadow - £48

with Liz Prince-Harding

Z304 - 11/05/2019

Using guided visualisations, exercises, discussion and activities, we will explore the nature of the 'Shadow' and how we are most judgemental about characteristics in others that we possess ourselves.

We will examine techniques for embracing and 'owning' our shadow in order to promote psychological and spiritual healing and wholeness.

Pruning - £42

with Sue Craske

Z337 - 11/05/2019

Z338 - 15/06/2019

Learn the basics of pruning. With practical demonstrations on how to prune your plants and shrubs. Sprinkled with helpful, time-saving gardening tips this workshop will give you the confidence to care for your plants.

